



Royal Time Traveller Challenge

Explore the Queen's guiding history through her own lifetime



This badge has been created to recognise that the Queen was a Guide when she was young and continued her interest in guiding throughout her life. It's a fascinating story to learn why and how she became a Guide and how it helped prepare her to be Queen. Just think, she played the same guiding game as you!

It is designed to get you talking about and experiencing the contrasts between guiding in the Queen's time and in the present day. We have highlighted some talking points which you can use as a springboard for your discussions and there are also activities which will give the girls first-hand experience of the differences. You can choose a mixture of each in whatever proportion suits your unit.

We would like you to choose according to the ages and interests of participants what you would like to do and how much time you would like to spend on this challenge. You don't have to do it all - just pick and choose the bits that interest you or are relevant to the age range of your group. Sections have a *Let's Talk About it* part, and a *Let's Do it* part.

We have information and activities to help you here, on our website and on our social media pages (<u>https://www.girlguidingnorfolk.org.uk/arc-home/</u>, Facebook @GGNARC, Twitter @GGNorfolkARC and Instagram @girlguidingnorfolkarc).

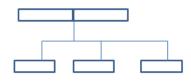
You can use the internet to research some aspects of this badge but it is also possible to complete it using the resources we supply in the pack. Not everything requires research, but many of the activities will require internet connection either at your meeting place if the girls are going to do the research, or you as leader will have to do the research beforehand.

So, have FUN and enjoy learning how the Queen also experienced the sisterhood of guiding!

Girlguiding Norfolk's Archive Resource Centre (ARC) is the UK's only purpose-built collections building for guiding, housing approximately 30,000 items of guiding history. This Royal Time Traveller badge has come about as a follow-on to the original The Time Traveller Challenge, devised with the help of the ARC Angels, a group of young Girlguiding Norfolk members who offer the perspectives and skills of today's youth, to help preserve and share the ARC collection. It was felt in this special year of celebrating the Queen's Platinum Jubilee it would be appropriate to find what we have in our archives about her guiding life. We hope you enjoy it!

Section One - How it all started

The Queen (then Princess Elizabeth) was born in April 1926 and was third in line to the throne behind her uncle (later Edward VIII) and her father (later George VI). So the family, along with her sister, Princess Margaret who was born in 1930, expected to live a privileged but quiet life. They lived



in Mayfair and from 1930 had their country home at the Royal Lodge in Windsor Great Park. In 1936 on the death of Princess Elizabeth's grandfather King George V, her uncle became King Edward VIII; however, in December he abdicated so her father became King George VI.

Now the family home was Buckingham Palace and at 10 years old Princess Elizabeth knew that one day she would be Queen! It was felt it would be a good idea for the Princess to get to know more girls of her own age, having never been to school with other children. The next year the 1st Buckingham Palace Pack and Company were formed and Princesses Margaret and Elizabeth started Brownies and Guides.

Let's Talk About it

- Some of you may have had a life changing event how did you feel? How would you feel if you knew at 10 years old you would be Queen and couldn't follow other dreams you may have?
- If you had been a Brownie or Guide in 1926 or 1937 what would your uniform and promise badge look like? What would school be like? Think about the subjects you would learn, leaving age and your life as a girl then compared with your life now.
- How would you react to royalty or a celebrity joining your unit?



Let's Do it

• To try and understand how the family realised Princess Elizabeth would become Queen create a family tree using the information above. HRH Princess Elizabeth and HRH Princess Margaret saluting at the March Past before the Windsor Service in 1938 Copyright: Guide Association

• Try some of the Tenderfoot tests Princess Elizabeth would have had to do before becoming enrolled (making her Promise) as a Guide. See next page for requirements.



Tenderfoot Badge the Queen would have received. Photo of badge in Girlguiding Norfolk's archives.

Tenderfoot test of the 1930s-40s:

&Know the Guide Law	0
*Know the Threefold Promise	0
&Know the Signs	0
&Know the Salute	0
Tie three of the following knots: Reef, sheet bend, clovehitch, double overhand, and fisherman's knot	
and know their uses	8
Whip the end of a rope .	8
&Know some of the stories connected with the Union Flag	
& Understand composition of the Union Jack	8
& the right way to fly it	8
&Have at least one month's attendance	E.

In those days you would have received a metal Tenderfoot badge when you were enrolled, as on the previous page.

We have created some cloth ones if you do the above syllabus.

Let's Do it

- Choose which or all of these requirements you would like to do. Do some research online or in old guiding books to learn more about them.
- Alternatively, contact the ARC (archivist@girlguidingnorfolk.org.uk) to ask for one of their Zoom sessions based on the Tenderfoot test. You will be sent test cards, union flag cards to create your own cut-and-fold flags to help with the session and Tenderfoot badges created by the ARC for this activity.



Section Two - Enjoying guiding

When WW2 began in 1939 many children were evacuated from London and major cities to keep them safe from bombing. The King and Queen agreed to the Princesses evacuating to Windsor Castle where they spent most of the war years until VE (Victory in Europe) Day in May 1945. The grounds of Windsor Castle and Windsor Great Park were fantastic areas in which to enjoy lots of Guiding activities.



Photo Pixabay License

Let's Talk About it

- How would you feel if you had to leave home and live with strangers?
- When she was about 13 Princess Elizabeth made her first radio broadcast to all child evacuees. Search YouTube to find out what she said and sum up the message in a few words. How would you have felt listening to that message? Can you remember the message the Queen gave the country in May 2020 when we had just gone in Lockdown due to the pandemic? How did it make you feel at the time? Listen to it again.
- What would you say if you had to make this broadcast today, possibly to young refugees living here far from home? Practice making your speeches to an audience in your unit. You might like to video them and send the best to us at the ARC. Remember you will have to get signed permissions to save these.



• In fact, we do have a comparable situation in the 2020s. Is there anything you can do to help young people/members of guiding involved?

Let's Do it

- Find pictures online showing the Princesses enjoying their Guide activities.
- From the sources can you see what Patrols they were in, and what badges did the Queen earn?

Here are the badges Princess Elizabeth earned as a Guide.



Photo courtesy Karen Wiles

Match up the badges with their names.

- Child Nurse
- Cook
- Dancer
- Interpreter
- Minstrel
- Patrol shoulder knot, blue and white to match the Emblem. (Shoulder knots were part of the uniform for all, worn on the top seam of the left sleeve, and having two colours matching the Patrol Emblem colours.)
- Patrol Emblem which is it?
- Second Class
- Swimmer

What badges do we have today which compare with these?

Enjoying A Campfire

We know that the Princesses and the 1st Buckingham Palace Company camped in Windsor Great Park and enjoyed singing around the campfire. We also know that H.M. The Queen of the time enjoyed being at a campfire (and sat with her hat on!).

One of our volunteers at the ARC has researched and found that the following songs would have been sung at this time! Find someone to lead a campfire for you, singing what would have been sung by members in the early 1940s.

Campfire's Burning

Shake a Friend's Hand

Kookaburra

There'll be blue birds

Land of the Silver Birch

Donkey Riding

Pink pyjamas

Crazy elephant

Tzena

We'll meet again

Make new friends

A circle's round

Norwegian campfire

Rule Britannia



All kinds of information about the Princesses and what they did in guiding to be found in this book! One of our favourite gems at Girlguiding Norfolk's ARC

Oh how lovely is the evening

Before I close

Go well and safely

Land of hope and glory

Some of these songs may remind you of what was happening in the world at the time.

Many can be found online.



Created by Norfolk leader, Paula, from Stalham as part of village trail.

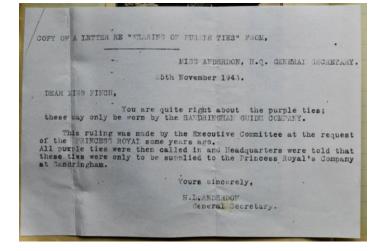
Section Three - Wearing uniform

If you have found photos of the royal Guides, you will notice the ties on their uniform. Every company had a company colour. Also note what they have on their legs. At the first meeting Princess Elizabeth attended she asked if they would have to wear stockings when they had uniform. These long stockings were part of the uniform of the time, but the Princess answered her own question when she responded that Mummy said we needn't.

Let's Talk About it

- Find out what the stockings of the time would have been like.
- Find out what colour Princess Elizabeth's company wore. What colour would you choose for your company?

The choice of a purple tie was VERY special and limited to just ONE company!



Letter held in Girlguiding Norfolk's ARC pointing out ruling regarding purple ties.

The tie was a triangle (like a necker) folded into a 'narrow bandage', the tie knot made and the ends tied in a reef knot under the collar of the uniform blouse. There had to be three fingers depth between the base of the tie and your belt and the back of the tie pinned to the blouse to stop it flapping around. The idea was that every Guide 'Be Prepared' and her tie could be used as a bandage or sling utilising the safety pin as well! Until the uniform changed in 1967 the tie was inspected every meeting along with carrying paper, pencil, string and pennies for a phone box in your uniform pockets!

Patrol Seconds or Patrol Leaders usually wore a lanyard. Many Guides also carried a whistle or a small penknife on their belt hook or on the end of their lanyard; if the knife was the official Guide pattern it had a spike for picking stones out of horses' hooves or for trying to untie knots as well as a small blade for cutting string, turfing etc.



Penknife found in Girlguiding Norfolk's ARC.



Some people made lanyards themselves. It was quite a complicated process, but was based on the same knots used in friendship bracelets today.

• There are now and again articles about what Her Majesty the Queen might be carrying in her handbag. Some have commented perhaps she carries her Guide penknife... which has something on it which would be very useful for her! What do you think that is? Do you think this could possibly be correct?



- Are we allowed to have penknives as part of our uniforms now? Why?
- Is 'being prepared' still relevant today and what do you carry with you in your pockets or bag?

Let's Do it

• Tie a tie using a triangular piece of fabric, or a current necker yourself. Use this video to help (thank you to Cate Garratt for permission to refer to this).

<u>https://www.youtube.com/watch?v=Jur6S5AHyO0</u> shows how to tie Brownie necker, which is the same as for the Guide tie. Finish off by tying a reef knot at the back.

• To tie your modern necker, use a friendship knot, following these instructions: <u>https://www.youtube.com/watch?v=Fc4E9C7mkMk</u>

Section Three - Badges - a link to the Queen!

The people of Wales gave the two Princesses a small thatched cottage, Y Bwthyn Bach, (the Little Cottage), built in the Royal Lodge garden so that they could play 'house' and learn home skills. This inspired the Guide Little House Emblem which a Guide earned if she completed six home skill proficiency (interest) badges. The Little House Emblem stayed in the Guide programme until the 2001 programme changes. Guides wrote to the Queen to ask permission to use the likeness of the cottage on the badge. "You can most certainly have the picture of the Little House for the badge. What a good idea to make a new badge," she replied.



Let's Talk About it

• What were the badges required to gain this emblem in the past? They are displayed here. Can you try and decide on the names of the badges shown. What badges or topics would you include today in a Little House Emblem, or would there be something more appropriate to have? We do have 'Emblems' today which are based on Themes. What is your favourite theme?

Let's Do it

- Leslie Smith (google Leslie's guiding history) has created an amazing website showing badges through the decades and including designs and requirements. They are fascinating. Have a look! Choose one badge to follow how it has changed over time; alternatively look at the example given on page 11.
- Google to find out more information about Y Bwthyn Bach.
- Look at the badge syllabuses to find one skill that would be helpful to learn today!



Section Four - more test work

Before they could work on any proficiency badges the Princesses had to pass their Second Class test. Guides could carry on to achieve their First Class test and All Round Cords if they wished. All Round Cords were blue and white striped with tasselled ends and went around the top of the arm. During the war they were shortened to approximately 6 inches. They were presented for passing an additional seven tests after the First Class award.

Let's Talk About it

- Look at the Second Class test below. Many young women felt what they learned in Guides at the time stood them in good stead for learning further guiding skills like camping and also for life. What do you think?
- The Second Class Test had to be completed before taking any proficiency badges? Discuss the advantages and disadvantages of having to do this.

Let's Do it

• Find out what the 1940s Second Class tests were and try one.

BE PREPARED SECOND-CLASS TEST 2nd CLASS. (Green Trefoil on Cloth Background.) 2nd GLASS. (Green Treton on Cloin Dackground.) Before being awarded the 2nd Class Badge the Guide must show that she is trying hard to keep the Threefold Promise. A HANDBOOK FOR GUIDES L.-INTELLIGENCE, 1. Have passed the Tenderfoot Test. Have passed the passed the passed in Morse across a reasonable distance, out of talking range. Receive and anternee, out of talking range. reasonable distance, out of talking range.
 Recognise twelve living things in their natural surroundings, to include any of the following: animals, birds, fish, insects, reptiles, trees, plants, or constellations. Discover by obser-vation something of interest about each; or Contribute six interesting notes made from personal observation to a Patrol Nature Log Book; or
 Keep an individual Nature Log Book containing at least fifteen interesting entries made from personal observation; or
 Stay still alone for half an hour in the open and afterwards report on anything she has seen or afterwards report on anything she has seen or heard or smelt. 4. Be able to stalk and track. 1. Do square lashing, and show practical use of six II.—HANDICRAFT. of the following knots: reef, sheet-bend, clove-hitch, timber hitch, bowline, sheep-shank, fisherman's, round turn and two half hitches and packer's knot. FIVE SHILLINGS NET 2. Make a fire out of doors, using not more than two matches, and cook on it. Know how to be healthy and show what she is doing to keep the Rules of Health. (The Guide Health Handbook to be used.) III.-HEALTH. 2. Cover a mile at Scout's Pace in 12 minutes (30 seconds error allowed each way); or Have done four walks of at least three miles. IV.-SERVICE. Treat simple cuts, burns, fainting and choking, and stop bleeding (with pad and bandage on the wound only); know simple treatment of shock; apply large arm sling and bandage a sprained ankle.
 Make a Margin and bandage a Found deep in the ARC - a very old and worn copy of Be Prepared A HANDBOOK FOR GUIDES by A.M. Maynard, first published Make a Morse Signalling Flag (24 in. by 24 in.). or make some other article useful to others.
 Strip and mate and mate article solution of the soluti 1946, reprinted Dec 1946 Strip and make a bed properly, and put her knowledge into practice at home.
 Be able to take 4. Be able to telephone, and know the local bus routes.

• Compare badges from different periods and consider how they have changed. Here is one example, or you might to prefer to choose your own. See the caption below to find website to access more.



1931 POR - Health Badge

A Guide should show a thorough knowledge of the Six Rules of Health (Fresh air, Cleanliness, Exercise, Food, Rest, Clothing), and understand their practical application to herself, and be able to explain them to a Patrol.

Know the importance of keeping the lungs, skin, teeth, feet, digestive and pelvic organs, and hair in good order.

Know the dangers of unhealthy diet, intermperance, wet feet, breathing through the mouth, stooping, irregular habits, reading in a bad light, and excess in any form.

Realise the importance of a clean house and know the dangers of germs, mice, flies, insects, etc.



2005 Guide Badge File - Healthy Lifestyles Badge

Do four of the following clauses.

1) Keep a record of everything you drink for a week. Check to see if you are getting 1.5 litres (or five or more glasses) of water a day - this is the amount needed by the average person. Remember that all the liquids you drink contain water, including tea, coffee, juice, fizzy drinks and milk. Try to increase the amount of fresh water you drink and, at the same time, try to decrease the number of soft drinks or other sugary drinks you have. See how long you can stick to this.

2) Find a chart that shows good posture for someone your age. Demonstrate good posture while walking, standing, sitting and lifting. Why is good posture important? How does it relate to good health, good appearance, and feeling good about yourself? Make up a mime or game to explain the importance of good posture to your Patrol.

3) With your Patrol, visit and take part in a fitness trail or circuit exercise course. Then design a different course that your Patrol could use.

4) Make up a card or board game that shows the benefits of healthy eating and exercise. Play it with your Patrol.

5) Take part regularly in an aerobic activity, such as basketball, rollerblading, swimming

or aerobics, for at least six weeks.

6) Watch TV for a couple of hours one evening. Count the number of food adverts that teach good or poor eating habits. Which of the advertised products are nutritious and which are not? Present your findings to your Patrol.

7) Make up a TV or magazine advert that shows why it is important to look after your feet.

8) Do both a) and b).

a) Study a variety of magazines, newspapers or TV programmes over a period of a week. What are the current issues in the news that could affect your health or what you eat? For instance, there might be stories about genetically modified food, organic food, CFCs, pollution or battery farming.

b) Choose one issue, mount a display for your unit and organise a debate about it.

9) Every night for a week, spend one hour doing something that totally relaxes you, like listening to music, arts and crafts, going swimming, reading or yoga. This is your time so you decide what it is. Record in an interesting way what you feel before and after the hour.

10) Design a series of postcards that could be used by a group of your peers to learn about health issues such as poor hygiene, smoking, unhealthy food, alcohol, unwise dieting, drugs, too much or lack of exercise, or late nights.

Information found on <u>https://lesliesguideinterestbadgehistory.webs.com/</u> Thank you to Leslie for permission to use here.

• What badges or programme activities are there in the current programme based on this theme and how do they compare?

Section Five - moving on to Sea Rangers

Let's Talk About it

When she was 16 Princess Elizabeth became a Sea Ranger, later followed by Princess Margaret. Princess Elizabeth later became Chief Ranger of the British Empire in 1946.

- Princess Elizabeth, like all new Rangers, would have renewed her Guide Promise but added a further 'responsibility' as a Ranger. What would she have promised and do Rangers do this today?
- In the 1940s (and until 1968) there were Cadets, Land and Sea Rangers, and from 1945, Air Rangers. Can you find out what they did, what did their badges and uniforms look like? If you are a Ranger or Young Leader complete a 1940s activity/test.
- How did their activities and age grouping compare with today's Rangers? Which one would you become?





Left: Queen Elizabeth II canoeing on the lake at Frogmore when she was a Sea Ranger

Permission to use granted by Girlguiding

Above: Princess Elizabeth at Sea Scout Exhibition in 1944 Credit The Scouts Heritage Service

SOME WEATHER RHYMES

"When rise commences after low, Squalls expect and then a clear blow."

" First rise after low Foretells stronger blow."

"When the wind shifts against the sun, Trust it not, for back it will run."

" Comes the rain before the wind, Then your topsail halyards mind. When the wind's before the rain, Soon you may make sail again."

" Mare's tails Leave short sails."

" If clouds look as if scratched by a hen, Get ready to reef your topsails again."

"Mackerel backs and mare's tails, Make tall ships carry short sails."

"When the lofty hill the mist doth bear, Let the seaman then of storms beware."

"A red sky at night is a sailor's delight, Red sky in the morning—sailors take warning ! "

Let's Do it

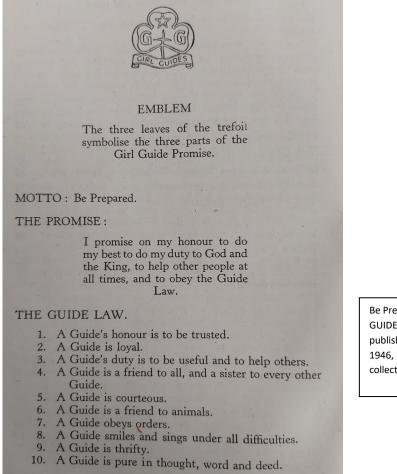
 Check out the accuracy of these weather sayings from the Handbook on Sea Rangering Princess Elizabeth would have used.

Section Six - A 21st Birthday Promise

In April 1947 on her 21st birthday, Princess Elizabeth was on a tour of South Africa with her family - King George VI, Queen Elizabeth and Princess Margaret. At the time one became an adult at 21 and it was an important birthday to be celebrated. The Princess gave an important broadcast about her future role in life which you can watch on YouTube.

Let's Talk About it

- At what age do we become an adult today? Have you ever made a birthday promise? Share it.
- Listen to the speech. Do you think the Princess's words reflect her time in Girlguiding? You may want to look at the wording of the Promise and Laws in use at the time. Compare these with the present Promise and Law.



- Do you think the Queen has lived up to her speech? In what ways?
- What would you expect a new monarch or perhaps Prince William to say about duty and service if anything?
- Is her speech relevant today? How does it make you feel?

Be Prepared A HANDBOOK FOR GUIDES by A.M. Maynard, first published 1946, reprinted Dec 1946, held in the GGN ARC collection.

Section Seven - Getting Married

In November 1947 Princess Elizabeth married Philip Mountbatten and people from all over the British Empire, including those in Guiding, sent them wedding presents.

Let's Talk About it

- What did your guiding county or local area give them? Did your unit exist then and if so did they do anything to celebrate the wedding?
- What did the guides of the Empire give the married couple? What do you think about those presents?
- At the time of the wedding rationing was still in place. How did this influence the gifts do you think?



• How do you think this wedding would have been different from royal weddings today? (consider TV and media coverage, rationing, types of film and photography, food, guests, etc)

Let's Do it

• The Queen and her family always write thank you letters! Do you? What could you write to the Queen to thank her for? Try it; let us know if you have a response.

Section Eight - Becoming Queen

Princess Elizabeth spent the early years of her marriage (1949-51) in Malta with Prince Phillip who was serving with the Royal Navy there. She said they were among the happiest years of her life living as a 'normal' naval officer's wife. As her father was unwell, she returned to the UK; she was abroad in Kenya in February 1952 when her father died at the relatively young age of 56 so again another sudden change of life. She was now Queen with all the duty, pomp and ceremonial this entails!

Princess Elizabeth had known she would be Queen one day but could reasonably have expected her father to live another 10 years, so apart from the shock of losing him, her life was no longer going to be privileged but carefree.

Let's Talk About it

- Princess Elizabeth was 25 years old at the time. How would you have dealt with this?
- What do you think the Queen is thinking in this photo? How would you describe her expression?
- The note received with these flags says, "I believe that these flags were used at the Queen's Coronation by Girl Guides. Hope that you can use these."
 What do you think? Why?





Queen Elizabeth II in Coronation Robes Permission to use granted by Girlguiding

She became Queen not only of the UK, but also of seven independent Commonwealth Countries, and Head of the Commonwealth. She enjoyed her role as Head of Commonwealth, as well as overseas tours. If you would like to find out more about the Queen and Commonwealth guiding go to page 18.

• In the same year as the Queen took the throne, she became Patron of Girlguiding, or The Girl Guides Association as it was called then. Find out what a Patron is. The Queen is Patron of many organisations - what others can you find? Why do you think she became Patron of those other organisations?



What a • beautiful certificate produced by the Guide Association. When was it produced and why?

What five • words might indicate this is an old artefact? What do they mean?



For their Coronation Tribute the Company did the following:-

Made a blanket of knitted squares for the Missions to Seamen.

Sent boxes of primroses to invalids.

Made scrap books for the Childrens Wards at the Jenny Lind and King's Lynn Hospitals party and entertainment to the ple at Eastgate House, Gayton.

ted litter left around the incham Estate at the week ends.

ght a Collie puppy, named Sovereign, be trained as a Guide Dog for the

Artefacts from Sandringham Guides logbook, found at Girlguiding Norfolk's Archive Resource Centre!

Below are some more very special artefacts from our collection... what can you work out by looking very carefully at these? (Spot the differences?)



Section Eight - Celebrating Jubilees

Since becoming Queen in 1952 there have been Jubilees to celebrate 25 years on the throne (Silver in 1977), 50 years (Golden in 2002), 60 years (Diamond in 2012) and now her Platinum Jubilee this year celebrates 70 years of her reign.

Let's Talk About it

- Find pictures of the Coronation and Jubilee badges worn by Girlguiding members. How do they reflect the change in style over the years?
- Try to identify these badges and group them appropriately. Are there any odd ones? Why are they odd?



Let's Do it

- Design a badge for a Jubilee in 25 years' time or your own badge for this Jubilee.
- Imagine (or remember or find someone to tell you about) your life in the years of the previous Jubilees. What was it like e.g. was there TV/colour - channels - how many, telephone, computers, cars, food, household goods like washing machines etc, clothes, school. What was Girlguiding like during these years. How have attitudes to life, gender, employment changed over these periods? Create your findings to present in an interesting way.
- Would you like to go back or forwards in time and why?



Girlguiding Norfolk celebrating in 2012, which Jubilee would it have been?

Section Nine - Reaching Wider - to the Commonwealth

Her Majesty is Queen of the United Kingdom and also of other Commonwealth Realms. The Commonwealth is a political group of countries almost all of which were former territories of the British Empire. The rules of the organisation of the Commonwealth have changed over the years; now members must no longer view the monarchy as their head of state but require that countries recognize the monarchy as simply the leader of the Commonwealth.

As a result further countries joined the Commonwealth as they gained independence from the United Kingdom so today there are 54 member countries. Of the 54, 33 are republics (such as India), five have their own monarchies (such as Brunei Darussalam), and 16 are a constitutional monarchy with the sovereign of the United Kingdom as their head of state (such as Canada and Australia).

The Queen really enjoys this role and she has been a key leader in helping keep world peace through this. There have been visits to many of these countries, often visiting via The Royal Yacht Britannia; there were often members of guiding in the crowds.

Girlguiding UK has overseen guiding in many of these countries over the years (called Branch Associations) until they became full members of WAGGGS. CHQ (Commonwealth HQ at the time) sent trainers to various places... this souvenir was presented to an ARC volunteer during her training visit to St Lucia in 1979. Find the country on a map. (PHOTO to follow)





Queen Elizabeth during her Silver Jubilee tour Copyright Guide Association

Let's Talk About It

- Any ideas what countries are being visited here?
- Why would the Queen enjoy visiting these countries do you think?

Let's Do it

• Find out something about a Commonwealth country to celebrate the Queen's role.

You might want to try some food, learn a song or dance or craft. Learn where it is, be able to identify the flag of the country and traditional dress, or guiding uniforms, or names of guiding sections.



Playing the Maori stick game, having found a useful YouTube video.

Athletes from throughout the Commonwealth practice to participate in the **Commonwealth Games** which are held every four years. The name has changed from the British Empire Games to the British Empire and Commonwealth Games, to the British Commonwealth Games and to the present Commonwealth Games of today. Originally individual sports, now it includes team sports.

Let's Talk About It

• When and where are the next games being held?

Let's Do it

• Hold your own mini games.

Girlguiding has a **Commonwealth Award** that encourages members to get to know the sunny Seychelles or the UK's distant antipodes! It is very special in that it is open to Guides aged 13 and over and Rangers, young leaders and



adult members aged 18-25 in <u>all</u> Commonwealth Countries. Learning more about our rich history and countries and cultures around the world can be a taster to a worldwide and lifelong love of friends and travel around the world.... There is the potential to move from searching online to catching the real-life travel bug!

• Find out more about it <u>https://www.girlguiding.org.uk/what-we-do/our-badges-and-activities/badge-finder/commonwealth-award/</u>

Section Ten - Queen's Guide Award

In 1946 the Queen's Guide Badge was introduced but the Queen in question was Queen Elizabeth, the Princess' mother.

Find an early syllabus. How does this and the age and other qualifications compare with the Queen's Guide Award today.

Let's Talk About it

- Find other examples of the badge design and syllabi over the years, and share something that interests you.
- Invite one or two people who were awarded their Queen's Guide either in the past or recently to a meeting. Ask them to tell you what was involved in gaining the highest award in guiding. What were the hardest bits, what did they learn, what difference has it made to their life since achieving it?
- Tell us about the presentation of the award. There will be amazing stories to hear!



(If you have problems doing this, write to <u>Archivist@girlguidingnorfolk.org.uk</u> to ask for someone's guiding story that talks about this Award; also ask to hear stories about the day they went to Kensington Palace to receive their award from Princess Margaret, President of the Association at the time. We have collected several - you can listen to them or read the transcriptions.)

Let's Do it

- Look into the current requirements of the Award and think what you would like to do to achieve it when the timing is right for you.
- Make a plan for yourself of how you can achieve the highest award in your section or set yourself a personal challenge according to your age and situation. Small steps can mean big progress sometimes. Aim for something realistic.





ROYAL TIME TRAVELLER BADGE ORDER FORM

Thank You for your support In buying this badge you are helping to support the work of the Archive Resource Centre, part of Girlguiding Norfolk

Please complete this form and then email to ARCTT@girlguidingnorfolk.org.uk

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Number of badges: Badges at £1.50 each Plus postage & packing 1-10 badges £1	£	Ref no Date of:
11-20 badges £2 21-59 badges £3 60+ badges £4.50	£	 Receipt of form Payment received
Total including postage: Please indicate your preferred me	£	 Posting of badges

We will be in touch on receipt of this form to provide appropriate payment details and a reference. On receipt of payment your badges and a receipt will be posted to you.

Please ensure you have supplied your email, clearly written.

Many thanks for ordering from us.... We hope you enjoy the challenge and the badge!

I consent to Girlguiding Norfolk County collecting my details via this form. I understand that the information provided will be processed by Girlguiding Norfolk County in accordance with General Data Protection Requirements, that the data will only be used for processing my purchase and that it will not be shared with other organisations or kept for longer than necessary for this purpose. Full details are included in the Girlguiding Norfolk County Privacy Notice available on request.

\Royal time traveller badge order form 24.04.2022

Design approval request Branding Matters <BrandingMatters@girlguiding.org.uk> BM Tue 12/04/2022 13:45 To: Archivist (Girlguiding Norfolk) Hello, Sorry for the delay in replying. The badge now meets all our current branding guidelines and we are happy for it to be produced. Regards Sarah Goodstadt Sales and Information Team Girlguiding Trading Service Atlantic Street Broadheath Altrincham Cheshire WA14 5EQ Tel: 0161 941 2237 www.girlguiding.org.uk www.girlguidingshop.co.uk/

Girlguiding has produced some Topper activities to be used as part of celebrating the Platinum Jubilee. They can be found on the Guiding Essential website, to be downloaded for free.

Several of the activities here would achieve aims of several of the section Skills Builders and Unit meeting activities.