

IDEAS & RESOURCES FROM THE ARC TO SUPPORT THE UMA CARDS



Time travelling Rainbows- VISIT

Timeline Washing Line

Supports UMA card activity 1

Fix a washing line along one wall. Attach photos in date order to show when events took place. Refer to the timeline between each activity to show the passage of time.

Supports UMA card activity 4

Disco like its 1997

Use pom-poms made in UMA card activity 4 to dance to 1997 music and learn a Rainbow song from 1997

WHAT'S ON THE TIMELINE? 1909
Crystal Pala

Crystal Palace rally

1910 Girlani

Girlguiding begins

1965

Bunnies begins (NI)

1987

Rainbows begins

1997

Rainbow Riots

2012

25th Birthday

BACK TO TODAY

Kim's Game ARC objects

Supports UMA card activity 2

Show the Rainbows each object before using them for the game. What do they think each one is? What might it be used for? Who might have owned it? How was it made?

- Whistle
- Tent peg
- Badge
- Thimble
- Necker
- Old penny
- Feather
- Safety pin
- Early handb8o₭gg
- Rainbow Rabbit

Birthday badges

Supports UMA card activity 5

Before you design your own badge, get inspired by Rainbow badges from the archive and the 25th birthday badge from 2012. Are badges different now?

Dress up time!

Supports UMA card activity 3

The 'bunny' game on the card refers to the 1965 start of Bunnies in Northern Ireland. In 1987 Rainbows began in mainland UK. Have a look at archive photos of 1980s Norfolk Rainbows and try on old Rainbow uniforms from the ARC archives. Has the uniform changed? How?

Session Activity Overview: Time travelling Rainbows

Intro: Step back in time/Washing line

Stop 1: 1910- Kim's gameStop 2: 1980- Bunny game

Stop 3: 1987- Photos & dressing up

Stop 4: 1997- Pompoms & music

Stop 5: 2012- Old badges/design a badge
Stop 6: Today- Activity 6 from UMA card

During visits to the ARC, staff will deliver the activities on the UMA card plus additional, supporting activities, developed by the ARC.